

Today we begin the liturgical transition from Ordinary Time to the Lenten Season.

We sing the ALLELUIA with great celebration and then it is "buried" (under the) until the Easter Vigil

The GREEN of Ordinary Time will change to Lenten PURPLE on Ash Wednesday

Blessed Palms from last year are burned and repurposed into a Sign of Repentance & Renewal on our foreheads

LENT 2019

May the ashes we receive remind us to turn away from the destructive nature of sin ~ to trust in God's message of Mercy & Hope.

*Lord, receive the ashes of our regrets, our failed attempts, our weak resolve, our distracted wanderings,
and lead us on this forty-day journey to new life in you. Amen.*



ASH WEDNESDAY

March 6, 2019

Mass with distribution of Ashes

12:10pm; 5:00pm and 7:00pm

Daily Mass in the Church

Monday - Tuesday - Wednesday at 12:10pm

The Church will be open for private prayer and reflection

Monday through Thursday, 8am-3pm

Friday, 8am ~ 8pm

*We adore you,
O Christ,
and we praise you,
because by your
Holy Cross
you have redeemed
the world.*

Prayer – attend daily Mass, pray/
read/ reflect on Scripture, Stations of
the Cross, Soup & Bread
suppers/Evening Prayer

Fasting – what can I give up to
spend more time with God?

Almsgiving – how can I be
attentive to the needs of others?
Rice bowl, food pantry, visit or help
sick and elderly, random act of
kindness, write a letter...

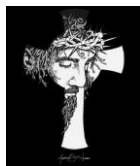
"THE WAY OF THE CROSS" *The Path to New Life*, by Joan Chittister, OSB Art by Janet McKenzie

*"Every journey through life is deeply personal, forever unpredictable... each one of us at the mercy of change and beholden to the fragility of time...
moving back and forth between the light of life and the dark night of the soul.*

Where can we look in those dark, lonely moments to find hope?

*The Stations of the Cross are a model of how to live life, when our own struggles are unavoidable and life seems most oppressive, most unfair,
and most impossible to bear. Knowing that Jesus has gone the way of injustice, fatigue, failure, public rejection and loss before us,
gives our present struggle new hope and new light... there is new life at the end of every daily death.*

*As we pray the 'Way of the Cross' both in good times and in bad, may we come more and more to realize in ourselves a life lived in **hope**,
not despair; in **courage**, not in fear; in an **awareness of blessings** rather than locked in a tomb of bitterness."*



Lenten Reflection Booklets

Take home a Lenten Reflection Booklet
(One Per Family Please) and make time each day
to reflect on the meditations, activities, and prayers.

Have a Blessed and Meaningful
Lenten Journey

Lent "Soup and Bread Suppers" Wed 6pm
Mar. 20th; Mar. 27th; April 3rd, April 10th

*Join us in the Church Hall to share a simple meal
of homemade soup and bread, and fellowship with each other.*

Sign-ups are available to bring soup/bread.

Evening Prayer & Reflection follows 7pm in the Church

(No Soup Supper or Reflection Wed. March 13th)

Family Stations of the Cross

Bring your whole family Friday April 5th, 7pm

JOIN FR. ANDREW for the STATIONS OF THE CROSS 7pm FRIDAY in LENT at 7pm